



**SPRINGFIELD  
RESCUE MISSION**

# *Coldest Day 5K*

**SATURDAY, MARCH 4, 2023 - IN-PERSON 5K**

**MARCH 4TH-18TH- VIRTUAL 5K**

**JOIN US!!**



*Coldest Day 5K  
In-Person Walk/Run  
Forest Park, Springfield*

**OR**



*Coldest Day 5K  
Virtual Walk/Run  
You Choose Location*

to raise money in support of

**THE SPRINGFIELD RESCUE MISSION'S  
EMERGENCY, REHABILITATION AND  
COMMUNITY FOOD PROGRAMS**

*Discounts for families, students and military!*

**This is a dog-friendly event - dogs must remain on their leash.**

**Visit [www.springfieldrescuemission.org](http://www.springfieldrescuemission.org)  
Click on Coldest Day 5K Walk/Run Banner**

*For questions or more information, contact Robin Gobeille at  
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