



**SPRINGFIELD
RESCUE MISSION**

Coldest Day 5K

SATURDAY, MARCH 4, 2023 - IN- PERSON 5 K - 10am-12pm (registration starts at 8am

MARCH 4 TH- 18 TH- VIRTUAL 5k WALK/RUN ANYTIME/ANYWHERE

JOIN US!!



***Coldest Day
In-Person Walk/Run
Forest Park, Springfield***

March 4, 2023 10am-12pm



***Coldest Day 5K
Virtual Walk/Run***

March 4 - 18, 2023

to raise money to help

**SUPPORTING THE
SPRINGFIELD RESCUE MISSION'S EMERGENCY,
REHABILITATION AND COMMUNITY FOOD PROGRAMS**

**Discounts available for families,
students and military!**

**This is a dog-friendly event - dogs must
remain on their leash.**

Visit www.springfieldrescuemission.org

For questions or more information, contact Robin

Gobeille at rgobeille@springfieldrescuemission.org or (413) 732-0808 ext. 237

REGISTER FOR THE 5K HERE

